WHAT IS CLAIMED IS:

- 1. An optical pickup in which a laser beam emitted or radiated from a semiconductor laser is converged through an optical system to be focused on a signal recording surface of an optical disk and a return beam from the signal recording surface is detected through the optical system by a photodetector, the optical system comprising:
 - a reflecting mirror; and
 - a beam splitter;
 - at least one of the reflecting mirror and the beam splitter comprising:
 - a base member: and
- a film member attached to the base member to introduce a phase difference between an incident laser beam and an outgoing beam.
- 2. The optical pickup according to claim 1, wherein the film member comprises a plurality of layers laminated on the base member.
- 3. The optical pickup according to claim 2, wherein the layers are different in refractive index from one another.
- 4. The optical pickup according to claim 1, wherein the film member comprises a dielectric film.
- 5. The optical pickup according to claim 1, wherein the film member comprises a metal film.
- 6. The optical pickup according to claim 1, wherein the film member comprises a combination of a dielectric film and a metal film.
- 7. The optical pickup according to claim 1, wherein the base member is formed by a white sheet glass.
- 8. The optical pickup according to claim 1, wherein the film member is made of a material selected from SiO_2 , Si, TiO_2 , and Al_2O_3 .

- 9. The optical pickup according to claim 1, wherein the film member is formed on a surface of the base member by vapor deposition.
- 10. The optical pickup according to claim 1, wherein the film member is formed on a surface of the base member by sputtering.